

Fig. 1. Perceptual Disturbances during the Incident		
	2004	1998
Total percentage of subjects experiencing some perceptual disturbance during the incident:	89	90
Of those who experienced some perceptual disturbance, percentage who experienced each of the following:		
Sounds were quieter	51	51
Tunnel vision	42	45
Noticed increased attention to detail	40	41
Time slowed down	40	41
Memory loss for part of the incident	20	22
Time sped up	19	20
Sounds were louder	21	23

Fig. 2. Sense of Helplessness		
	2004	1998
Total percentage of officers experiencing feelings of helplessness:	49	45
Of those experiencing a sense of helplessness, percentage of officers experiencing the following:		
Feeling a little helpless	59	55
Feeling moderately helpless	23	24
Feeling completely helpless	17	21

Fig. 3. Perceptual Disturbances after the Incident				
	Total % Experiencing	Mild %	Moderate %	Severe %
Reaction	2004/1998	2004/1998	2004/1998	2004/1998
Flashbacks	47/48	59/59	24/20	17/21
Intrusive recall	42/41	65/62	20/18	15/20
Nightmares	31/27	80/74	12/14	8/12

Fig. 4. Control and Security				
	Total % Experiencing	Mild %	Moderate %	Severe %
Reaction	2004/1998	2004/1998	2004/1998	2004/1998
Sense of vulnerability	48/53	67/62	19/21	14/17
Fear of future situations	42/41	76/68	14/1	10/16

Fig. 5. Cognitive and Behavioral				
	Total % Experiencing	Mild %	Moderate %	Severe %
Reaction	2004/1998	2004/1998	2004/1998	2004/1998
Increased startle response	34/32	76/70	13/17	10/13
Increased alcohol use	19/16	89/80	6/9	5/11
Physical distress	36/35	65/59	16/21	19/20
Concentration problems	35/34	74/69	15/15	11/16
Sleep Disturbance	41/38	65/69	16/17	19/14

Fig. 6. Emotional				
	Total % Experiencing	Mild %	Moderate %	Severe %
Reaction	2004/1998	2004/1998	2004/1998	2004/1998
Avoidance of thoughts and activities associated with the event	31/27	76/65	15/23	9/12
Anger or rage	39/41	72/70	15/13	13/17
Guilt	31/30	78/76	13/16	9/8

Fig. 7. Legal Concerns				
	Total % Experiencing	Mild %	Moderate %	Severe %
Reaction	2004/1998	2004/1998	2004/1998	2004/1998
Legal concerns	49/55	68/59	20/22	12/19

Fig. 8. Impact on Job Performance				
	Total % Experiencing	Mild %	Moderate %	Severe %
Reaction	2004/1998	2004/1998	2004/1998	2004/1998
Decreased performance	23/20	85/78	7/9	8/13
Overreacting	22/20	93/90	6/9	1/1
Under reacting	22/20	91/87	3/3	6/10

Fig. 9. Family Problems				
	Total % Experiencing	Mild %	Moderate %	Severe %
Reaction	2004/1998	2004/1998	2004/1998	2004/1998
Family problems	22/20	86/83	9/13	5/4

Fig. 10. Most Common Reactions			
Activity	2004 Ranking/ % Endorsing	198 Ranking/ % Endorsing	
Second guessing	1/55	1/57	
Heightened sense of danger	2/55	2/56	
Legal concerns	3/49	3/55	
Vulnerability	4/48	4/53	
Flashbacks	5/47	5/48	

Fig. 11. Coping Activities			
Activity	2004 Ranking/ % Endorsing	198 Ranking/ % Endorsing	
Talking to peers	1/85	1/89	
Second guessing	2/83	2/87	
Talking to family members	3/76	3/78	